**Primary Cross Country 2018**Thursday 15th March 2018

Dear Parents/Guardians,

Please see below for detailed information regarding the Primary Cross Country for 2018. Parents welcome!

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| **Venue:** | * **Nesca Park**   Cnr Nesca Parade & Brooks Street, Cooks Hill NSW 2300 |
| **Date:** | * **Wednesday 4th April 2018** |
| **Cost:** | * **$2 -** this cost covers Newcastle Council’s hire fee |
| **Students involved:** | * All students in years 3-6 |
| **Time:** | * 9:30am-11:00am (races will begin at approximately 9:45am) * Students and teachers will depart NEPS at 9:00am and walk to the venue |
| **Event order:** | * 8/9 years boys/girls (2km) * 10 years boys/girls (2km) * 11 years boys/ girls (3km) * 12/13 years boys/girls (3km) * The first 3 students in each age group will be selected to represent Newcastle East P.S. at the Zone Cross Country at Stevenson Park in Mayfield on Friday 4th May |
| **Uniform/Equipment:** | * Students should wear a t-shirt in their sports house colour, comfortable running shorts and joggers * Sunscreen and school hat * Recess, lunch and **lots of water to drink** * Asthma sufferers are permitted to carry their puffers for use during the race if needed |
| **Back up dates:** | * The slip below will cover parental consent if the carnival needs to be moved to a back up date |
| **IMPORTANT:** | * Please ensure your child applies **sunscreen before school** and drinks **plenty of water** to avoid dehydration * Permission notes and payment **due Thursday 29th March 2018** |

Laura Kirkman - Sports Coordinator

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**Primary Cross Country 2018**Permission & Medical Note

I give permission for my child\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of class \_\_\_\_\_ to walk under teacher supervision to and from Nesca Park to attend Newcastle East Public School’s Cross Country on Wednesday 4th April 2018.

Signature of parent/caregiver: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_

I have included a payment of $\_\_\_\_\_\_\_\_.

I have paid online. My POP number is\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Special needs of my child:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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***Please return this slip and $2 to the office by Thursday 29th March 2018.***