

HILLTOP NEWS

Week One, Term Three, Tuesday, July 19th, 2016 Edition One Hundred and Eighty One

Welcome to the New Term.

Thanks to everyone that has made me feel so welcome at NEPS. I am looking forward to the new challenge of being the principal of this outstanding school. I start at NEPS after teaching for 13 years as an Assistant principal, 3 year at a small country school of Tooleybuc Central and 10 years at Malabar Public. I have taught all grades - kinder through to year six and have spent the first half of this year as the Librarian and STEM teacher at Malabar.

As the principal of NEPS, it is my shared responsibility to shape young minds into confident, educated members of society, develop capacity within the teachers to deliver quality education programs and empower parents to be outstanding role models. I am a strong advocate that to do this is to develop authentic, holistic and trusting relationships with students, staff and the community in order to provide an education that develops well-rounded, successful global citizens. I firmly believe that schools must invest in the welfare of all students by teaching them essential skills and strategies, such as resilience and persistence to reduce vulnerabilities, build connectedness and increase coping skills.

I will be celebrating my 19th wedding anniversary this year with my wife Alissa and we have one son, Finnan, who is in year 8 at Kirrawee High. At this stage, I will be commuting back to Sydney each weekend to spend time with them. I know that the school is an important part of the community on weekends and I have asked John to be our weekend contact person.

Attached in this newsletter is the most up to date term planner. I encourage all parents to print it off and put on the fridge for quick reference. The school will continue to use the **SkoolBag pack app** for communications and if you haven't already downloaded it, please do so. I am looking forward to meeting many parents and families over the next few weeks and developing a deep and reward relationship with all members of our school community.

In keeping with past newsletters, I will run a trivia / quiz each week. This week's question is: **What is my favourite NRL team?** Answers need to be emailed and I will announce the winner and answer in next week newsletter.

Thanks

Mick McCann

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Public Speaking Update

Congratulations to the following students who have been selected to represent their stages at the school finals. Our school finals will take place this Wednesday, 20th July in two sessions, in the Benson Library. Kindergarten, Year 1 and Year 2 students will begin at 9 o'clock. Students in Years 3-6 will begin at 9:45. Parents are most welcome to attend.

Kindergarten	Stage One	Stage Two	Stage Three
Heath B-H	Callum B	Lola C	Aren B
Imogen B	Charlie D	Laria C	Georgia F
	Nick E	Markus D	Asha O
	Poppy S	Thomas N-H	Heidi S
	Zoe T	Caitlin T	Elizabeth W

Notes home this week. – All notes will also be sent via the SkoolBag App

Monday	Tuesday	Wednesday	Thursday	Friday
July 18	19	20	21	22 Snr Sport @ KEP Jnr Sport @ School
25	26	27 Dance Festival Dance to Be Fit	28	29 Zone Athletics – Glendale Sydney Deposit due \$50
August 1	2 Zone Athletics – Glendale ICAS English	3 Jump Rope for Heart Assembly – 10.15 COLA Dance to Be Fit	4	5 Snr Sport @ KEP Jnr Sport @ School
8	9	10	11	12 Snr Sport @ KEP Jnr Sport @ School
15 Book Fair – Library	16 Book Fair – Library	17 Book Fair – Library Dance to Be Fit	18	19 Water Safety Talk
22 Book Week Book Fair – Library Illustrator Visit	23 Book Week Book Fair – Library Book Parade – 9.00 - COLA	24 Book Week Book Fair – Library Aunty Peach Incursion Dance to Be Fit	25	26 Snr Sport @ KEP Jnr Sport @ School
29 3-4 Sydney Excursion payment due - \$250	30	31 Dance to Be Fit	November 1	2
5	6 Yr6 Science / English Day	7 Dance to Be Fit	8	9 Dance to Be Fit
12	13 3-4 Sydney Excursion	14 3-4 Sydney Excursion	15 Jump Rope K-2 Gala Day	16 Jump Rope 3-6 Gala Day
19	20	21 Dance to Be Fit	22	23

Band Link 2016

Six of our budding musicians had the opportunity to attend the annual band link program held on the 28th and 29th of June at Broadmeadow Race Track. The program brings together 100's of aspiring musicians from around the Newcastle, Lake Macquarie and Hunter region with the common goal of learning and expanding their musical repertoire.

Students were organised into groups for a full band rehearsal, then split into smaller tutorial groups and brought back together for a concert performance on the final day.

Our NEPS students played with gusto and look forward to bringing the skills they learnt at BandLink back to the NEPS concert band.



Reminders

- Dance to be fit notes and payment now due.
- DEC Policy requires late students to be required to be signed in by a parent/guardian

COWS CREATE CAREERS

Newcastle High school was lucky enough this year to host two Holstein calves from Tocal Agricultural College while participating in the nationwide Cows Create Careers program. They arrived at 3 weeks old, were named Moolan and Betty, and stayed with us for three weeks during term 2.



Students from 8N science were the cows primary carers, feeding them warm milk twice daily, monitoring their health and growth, cleaning their stalls and paddock as well smothering them with tender love and care.



Students also engaged in some learning during the course of the calves stay, researching the dairy industry and completing projects for submission.

On Monday 27th June, the class attended a presentation day at Tocal College for the Hunter Region Cows Create Careers program. It was a great day with hands on activities, competitions and prizes and many students left with a new appreciation of the agricultural and dairy industry.

Newcastle High won the competition, gaining the most points out of the 7 school participating in the region. Some individual teams were recognized for their excellent achievements while Lukas Frangos and Indigo Beiboer created Jarvis - the 'eco-robot' who won some itunes vouchers as well! What a fantastic experience for all involved.

B.Herron

Faculty of Science – Newcastle High School



Once up on a Hill
Production Photos
NOW AVAILABLE

**Visit the school office to get
your photo number and call us to
order on **49 654 114**
or alternatively come to our office at
21 Broadmeadow Rd, Broadmeadow
to order your prints.**

Newcastle School Portraits

Capturing your memories for over *25 Years*

Run Newcastle

What is Run Newcastle?

Run Australia is an annual event, where people run to make a difference to Aussie kids in need throughout regional centres around Australia. Run Australia guarantees that 100% of every registration fee will go straight to a local cause in our community. Run Newcastle facilitates an event full of festival fun, where people can run, walk or roll the streets of their local community, while raising much needed funds for a local children's health-related project in our town.



Why should you and your family participate in Run Newcastle this year?

1. The more people who enter and nominate Newcastle East Public School as their team, the more sporting vouchers we can win for our school.
2. ALL of your entry fee goes to the redevelopment of the Adolescent ward at the John Hunter Children's hospital
3. Its great exercise. It's lots of fun and it's a social event for N.E.P.S students and their families
4. There's an event for everyone – 1km kids run, 6km run, 6km walk and a 12km run.
5. Everyone who registers receives a free t-shirt

How to register

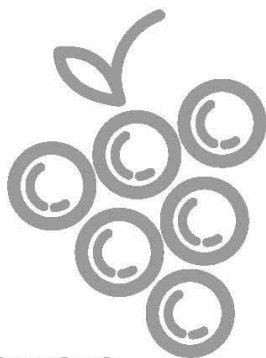
- Go to the [Run Newcastle](#) website
- Click on the 'register' tab
- Follow the prompts to register either as a family, or individual
- Ensure you nominate *Newcastle East Public School* as your team, so our school receives the benefits of sporting vouchers

When?

Sunday 7th August, 2016

Where?

Newcastle Foreshore



CANTEEN MENU

NEWCASTLE EAST
PUBLIC SCHOOL



SNACKS

Amazeballs	1.00
Cake of the week	3.00
Corn Cob with or without butter	1.00
Fruit	0.50
Finger Bun (1st Fri of month)	1.20
Popcorn	1.00
Slinky Apple	0.50
Yoghurt Cup With Blueberries	1.00

FROM THE OVEN

Chicken Strips	0.50
Chicken Burger (Monday)	4.00
Garlic Bread Roll	1.00
Mini Meat Pie	1.50
Pizza - Hawaiian or Margarita	3.00
Sausage Roll	2.50
Spinach & Ricotta Roll	2.50

BOXES

SURF'S UP MUNCH BOX boiled egg, corn chips, vegie sticks, seasonal fruit, cheese cubes hommus 50c extra	3.50
GARDEN SALAD BOX Salad with ham off the bone or chicken breast extras 50c: cheese, pineapple, beetroot	3.50

DRINKS

Plain milk	1.00
Plain milk with flavoured straws	1.50

FROM THE DELI (SANDWICH & WRAPS)

Deli items toasted for 50c extra

HAN SOLO - choice of: cheese, vegemite, tomato, ham, jam, honey (extra toppings .50)	2.00
CHICKEN RUN chicken, lettuce, mayo	3.50
WALLACE & GROMMET cheese & tomato	3.00
BABE ham off the bone, cheese, tomato	3.50
RAINBOW SALAD lettuce, tomato, carrot, cucumber (extra items .50)	3.00
SHARK BITE tuna, lettuce & mayo	3.50

SUSHI

SUSHI ROLLS (Friday)	
Teriyaki Chicken	
Chicken & Avo (gf)	
Tuna/Chicken + Lettuce & Mayo (gf)	3.00
Vegetarian - carrot, capsicum, ayo & cucumber	
Prawn California	
Smoked Salmon & Lettuce	
Sushi orders must be in by 12pm Thursday	

FROZEN

Hula Hoops (frozen pineapple)	0.20
Frosty Fruit (frozen seasonal fruit)	0.50
Quech Fruit Sticks	0.50
Smooze	1.20

