

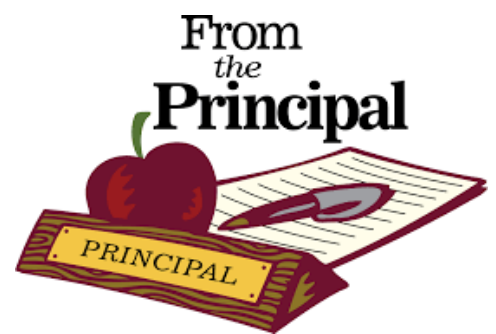
# HILLTOP NEWS

*Week Three, Term Three, Tuesday, 2<sup>nd</sup> August 2016 Edition One Hundred and Eighty Three*

## Communicating with children using math language –

### Talking About Math:

I LOVE mathematics. As a student I could always work out the answer to math problems but I struggled with my reading. I know that it isn't the most glamorous subject but it's one I use every day. Math education is changing from the way it was taught when parents were at school. Talking about mathematics with your child – whatever his or her age – helps strengthen their mathematical reasoning and understanding. Math education in 2016 isn't just about getting the right answer but explaining how you got the right answer. Some ways to keep the talk engaged and focused while you support your child include:



**Revoice** - Repeat what you heard your child say, then ask for clarification (e.g., "So you are saying it's an odd number?").

**Repeat/Restate** – Ask your child to restate your reasoning (e.g., "Can you repeat what I said in your own words?").

**Reason** – Ask your child to apply his or her own reasoning to someone else's reasoning (e.g., "Do you agree or disagree? Tell me why.").

**Adding On** – Prompt your child to participate further (e.g., "What more would you add to that?").

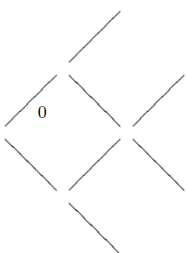
**Think Time** – Wait several seconds (try five) to give your child time to think (e.g., "Take some time to think."). You may be surprised by how hard it is to stay silent in that time!

## Emergency Contact Details

As the winter months take hold it's important that parents make sure their contact details are up to date. If you're unsure please contact our school office and our office staff will check our computer system. This is a very important issue and it is a parent's responsibility to keep the school informed of any changes.

I hope that you tried the toothpick puzzle last week. Here is another ... Enjoy

4. Make the fish swim the opposite way by moving three toothpicks.



Attached in this newsletter is the most up to date term planner. I encourage all parents to print it off and put on the fridge for quick reference. The school will continue to use the **SkoolBag** app for communications and if you haven't already downloaded it, please do so.

Thanks

Mick McCann      [michael.mccann@det.nsw.edu.au](mailto:michael.mccann@det.nsw.edu.au)

**Notes home this week.** – All notes will also be sent via the SkoolBag App

**Year 6 - Science and Engineering Day**

**Touch Gala Note -19<sup>th</sup> August ( teams selected- Years 3-6)**

### Girls Cricket.

I'm trying to get the word out about a new girls cricket competition starting on the 14<sup>th</sup> October. This new format is designed for maximum participation and fun along with faster skills development.

Newcastle City Junior Cricket Club is keen to put a team together. They already have a very successful slightly older, girls team which will be playing this year. Most of our NEPS cricket kids are with this club. Newcastle City club wrote a letter of support which helped secure the grant for the practice cricket pitch that we now have at NEPS. They have a pathway for all players starting with MILOin2Cricket (5-8yrs) then T20 blast and on to club competition in either 20 or 30 over matches.

You can find more information at:

<https://www.facebook.com/newcastlejca/>

<http://www.sydneysixersgirlscricket.com.au/>

If any of your girls or other friends are interested please contact - Ross Leonard Newcastle City Junior Cricket: [ross\\_leonard@hotmail.com](mailto:ross_leonard@hotmail.com)

### Reminders



- Dance to be fit notes and payment now due.
- DEC Policy requires late students to be required to be signed in by a parent/guardian

**Urgent Request** – If you have any empty chlorine buckets you're not using, Mrs Edge would be forever grateful. Please deliver to Mrs Edge's classroom or the school office.

## Premier's Reading Challenge Update

How are you progressing with this year's challenge? Time to complete the challenge this year is rapidly running out. Online reading records need to be complete by 19th August. To find out more, go to the Premier's Reading Challenge website and use your school log on details to record books read. Your class teacher or our librarian, Mrs Mason, can direct you to books from the Premier's Reading Challenge booklists. Congratulations to the following children who have already completed the challenge for 2016.

Alexa de Malmanche, Charlie Drew, Markus Drew, Abbi McMaster, Albi Newell, Eleanor Mowatt, Hamish McMaster and Eliza Mowatt.

## Canteen Roster Term 3 2016

We still have 4 dates where we need volunteers for canteen. They are:

- Monday 15<sup>th</sup> August & 12<sup>th</sup> September plus
- Friday 8<sup>th</sup> & 15<sup>th</sup> August at canteen.

If you can help out, please email us at [nepscanteen@gmail.com](mailto:nepscanteen@gmail.com). Volunteering in the school canteen is a great way for your kids to see you involved with their school. So please help us fill these places, otherwise the canteen won't be able to open on these dates.

Monday Date	Volunteers	Friday Date	Volunteers
18 July	Not open	22 July	Ingrid Bevis & Kellie Bolson
25 July	Cherry	29 July	Kelly Wyman & Robyn Hetherington
1 August	Michelle Lott	5 August	Kelly Wyman & Tracey Hutchins
8 August	Pending confirmation	12 August	Brooke Smith & <b>VOLUNTEER NEEDED</b> <b>PLEASE</b>
15 August	<b>VOLUNTEER NEEDED</b> <b>PLEASE</b>	19 August	Ingrid Beavis & <b>VOLUNTEER NEEDED</b> <b>PLEASE</b>
22 August	Pip Strachan	26 August	Sonya Anderson & Heidi Walpole
29 August	Michelle Lott	2 September	Lou Porter & Felicia
5 September	Pending confirmation	9 September	Michelle Crawford & Brooke Smith
12 September	<b>VOLUNTEER NEEDED</b> <b>PLEASE</b>	16 September	Robyn Hetherington & Helena Hooi
19 September	Michelle Lott	23 September	Simone Pengally & pending confirmation

Monday	Tuesday	Wednesday	Thursday	Friday
August 1 – Week 3	2 Zone Athletics – Glendale ICAS English	3 Jump Rope for Heart Assembly – 10.15 COLA Dance to Be Fit Jnr Sport @ School	4	5 Snr Sport @ KEP
August 8 – Week 4	9	10 Science Day @ NHS Jnr Sport @ School	11	12 Snr Sport @ KEP
August 15 – Week 5 Book Fair – Library	16 Book Fair – Library	17 Book Fair – Library Dance to Be Fit	18	19 Water Safety Talk
August 22 – Week 6 Book Week – all week Book Fair – Library Illustrator Visit	23 Book Fair – Library Book Parade – 9.00 - COLA	24 Book Fair – Library Aunty Peach Incursion Dance to Be Fit Jnr Sport @ School	25	26 Snr Sport @ KEP
August 29 – Week 7 3-4 Sydney Excursion payment due - \$250	30	31 Dance to Be Fit	September 1	2
September 5 – Week 8	6 Yr6 Science / English Challenge	7 Dance to Be Fit	8	9 Dance to Be Fit
September 12 – Week 9	13 3-4 Sydney Excursion	14 3-4 Sydney Excursion	15 Jump Rope K-2 Gala Day	16 Jump Rope 3-6 Gala Day
September 19 – Week 10	20	21 Dance to Be Fit	22	23



*Once up on a Hill*  
**Production Photos**  
**NOW AVAILABLE**

Visit the school office to get  
your photo number and call us to  
order on **49 654 114**  
or alternatively come to our office at  
**21 Broadmeadow Rd, Broadmeadow**  
to order your prints.

**Newcastle School Portraits**

Capturing your memories for over *25* Years

**Cooks Hill Surf Life Saving**  
**ALL Nippers Registrations Online**

**NEW Members & Renewing Members Applications**  
**OPEN IN AUGUST**

Registrations  
will not be taken  
outside of these  
registration  
dates!

**NO REGISTRATIONS TAKEN  
AFTER 30TH AUGUST**



For more information visit [www.cookshillsurfclub.com.au](http://www.cookshillsurfclub.com.au)

## Run Newcastle

### What is Run Newcastle?

Run Australia is an annual event, people run to make a difference to Aussie kids in need



where difference throughout

regional centres around Australia. Run Australia guarantees that 100% of every registration fee will go straight to a local cause in our community. Run Newcastle facilitates an event full of festival fun, where people can run, walk or roll the streets of their local community, while raising much needed funds for a local children's health-related project in our town.

### Why should you and your family participate in Run Newcastle this year?

1. The more people who enter and nominate Newcastle East Public School as their team, the more sporting vouchers we can win for our school.
2. ALL of your entry fee goes to the redevelopment of the Adolescent ward at the John Hunter Children's hospital
3. Its great exercise. It's lots of fun and it's a social event for N.E.P.S students and their families
4. There's an event for everyone – 1km kids run, 6km run, 6km walk and a 12km run.
5. Everyone who registers receives a free t-shirt

### How to register

- Go to the [Run Newcastle](#) website
- Click on the 'register' tab
- Follow the prompts to register either as a family, or individual
- Ensure you nominate *Newcastle East Public School* as your team, so our school receives the benefits of sporting vouchers

### When?

Sunday 7<sup>th</sup> August, 2016

### Where?

Newcastle Foreshore





# The simplest way

...to get a vitamin D dose in winter.

**Did you know that we need some sun exposure to make vitamin D for healthy bones and muscles?**

In NSW, UV levels are at their lowest in June and July. In the north and far west, most people need 20-25 minutes of sun exposure during mid-morning or mid-afternoon, and in the south 30-40 minutes in the middle of the day.

This will keep your vitamin D levels topped up during winter. Brave the chill and roll up your sleeves to get some sunlight on your forearms as well as your hands!

But don't risk damaging your skin. UV levels can change from day to day. When UV levels are 3 and above, use sun protection. People who use sunscreen regularly when UV levels are 3 and above do not have lower vitamin D levels than people who don't.

Check UV levels for your local area on the free SunSmart App for smart phones; download it from the App Store or Google Play.



To help keep your kids safe, check your schools SunSmart status by heading to [www.sunsmartnsw.com.au](http://www.sunsmartnsw.com.au)

