

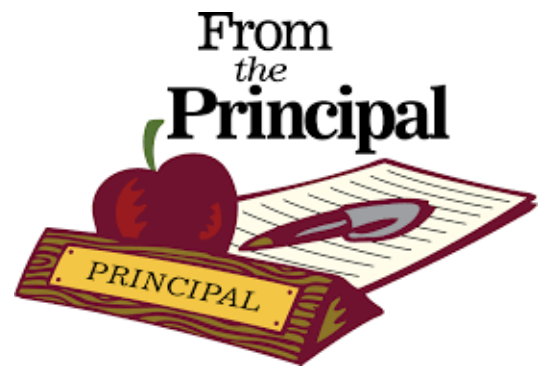
# HILLTOP NEWS

*Week Five, Term Three, Tuesday, 16<sup>th</sup> August 2016 Edition One Hundred and Eighty Five*

## Developing a Growth Mindset

We continue to work with children and staff in the area of Positive Education. Resilience is an important quality for our children to develop if they are going to flourish. When our children encounter a difficult situation or a new task, they might fail the first time they try it. How do they respond? Do they bounce back like a tennis ball, or do they break like an egg?

I have been interested in the research by Professor of Psychology Dr Carol S Dweck on the effect of **praise**. Most people, including parents and teachers believe that praise is important. The way children are praised is extremely important in terms of forming their beliefs about their own ability to succeed. According to Carol Dweck's research, people have two different mindsets: a *fixed mindset* or a *growth mindset*. A *fixed mindset* is the belief that intelligence can't be changed. A *growth mindset* is the belief that success is the result of practice, effort and hard work.



In a well-known study, Dweck and her team examined the effect of **praise**. They gave some children in year 5 some puzzles to solve. Initially they gave the children a set of easier puzzles to do. When these nine and ten year olds successfully solved them, they were praised for either *their intelligence* or the *effort they made*. Next, the children were given a much harder set of puzzles to solve. Dweck and her colleagues found that the children who had been praised for their intelligence gave up easily, and preferred to revisit the easier puzzles they were successful at solving. They also tended to believe that because they'd struggled with the harder ones, they weren't smart at solving puzzles. This of course is the sign of a fixed mindset. However, those children praised for their effort showed a growth mindset. They actually wanted to work on harder puzzles so they could learn how to be even more successful! They felt smart by applying themselves to a challenging task even though they may have only made beginning steps in solving the puzzle.

Dweck concludes that children and adults are very sensitive to what's going on in a situation - what other people value and how they're being judged. A child with a fixed mindset is likely to be thinking, "you better not make a mistake; you'd better look smart, people are judging you." Yet another child with a growth mindset is likely to be thinking things like, "Here is an opportunity; oh, I made a mistake here - what does this teach me about what I need to do differently?"

This is why at school teachers try to give specific feedback about how to improve, encouraging students to challenge themselves to move on to the next challenge, rather than merely praising them for good work.

## What can parents do to help children develop a growth mindset?

- In order for children to gain a sense of mastery, they need to experience some disappointments and tough challenges. Parents must try not to rescue them.
- Don't solve children's' problems for them. Ask questions like, "What can you do about that?" or "What ideas can you come up with that might make things better?"
- Praise their effort and hard work to achieve a goal, rather than their natural abilities

## Kinder Enrolment 2017

The school is busy finalising our 2017 kinder enrolments. Information letters have been sent home to families who have already indicated they intend to start in 2017. The number of available places is filling quickly, so if you are a parent in our enrolment area who hasn't already enrolled or know of families who may be starting at NEPS in 2017, please contact the school to secure your spot for 2017 ASAP. As you may be aware, we are in a position to accept ONLY siblings from outside of our catchment zone until the end of 2018. After which time, these enrolments are not guaranteed to continue. Please contact the school if you have any further questions.

## Sticky Beak Tours

The school will be hosting 'Sticky Beak Tours,' where families with a child starting Kindergarten in 2017 are invited to go on a guided tour through the school with the new principal, Mr Mick McCann. These tours will be held on the following Thursdays.

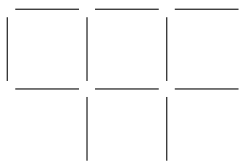
You can call the school office on 492911 to book your place.

**Sticky Beak Tour Dates:** Thursday, September 1st – 9.00 – 10.00am  
Thursday, September 8th – 9.00 – 10.00am  
Thursday, September 22nd – 9.00 – 10.00am  
Thursday, October 13th – 9.00 – 10.00am

## Toothpick Challenge

These are slowly getting harder. If you think you can solve it, please let me know.

Remove three toothpicks to leave only three squares.



Thanks

Mick McCann

[michael.mccann@det.nsw.edu.au](mailto:michael.mccann@det.nsw.edu.au)

Notes home this week. – All notes will also be sent via the SkoolBag App



## Girls Cricket

I'm trying to get the word out about a new girl's cricket competition starting on the 14<sup>th</sup> October. This new format is designed for maximum participation and fun along with faster skills development.

Newcastle City Junior Cricket Club is keen to put a team together. They already have a very successful slightly older, girl's team which will be playing this year. Most of our NEPS cricket kids are with this club. Newcastle City club wrote a letter of support which helped secure the grant for the practice cricket pitch that we now have at NEPS. They have a pathway for all players starting with MILOin2Cricket (5-8yrs) then T20 blast and on to club competition in either 20 or 30 over matches.

You can find more information at:

<https://www.facebook.com/newcastlejca/>

<http://www.sydneysixersgirlscricket.com.au/>

If any of your girls or other friends is interested, please contact - Ross Leonard Newcastle City Junior Cricket: [ross\\_leonard@hotmail.com](mailto:ross_leonard@hotmail.com)

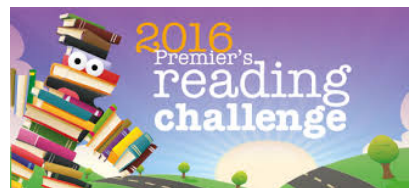


## Reminders

- DEC Policy requires late students to be required to be signed in by a parent/guardian

## Premier's Reading Challenge Update

How are you progressing with this year's challenge? Time to complete the challenge this year is rapidly running out. Online reading records need to be complete by 19<sup>th</sup> August. To find out more, go to the Premier's Reading Challenge website and use your school log on details to record books read. Your class teacher or our librarian, Mrs Mason, can direct you to books from the Premier's Reading Challenge booklists.



## Book Week Activities 2016

**Monday 15<sup>th</sup> August** – Kinder and Year 1 have a free visit from local author Ophelia West. There is an opportunity to pre-order a signed copy of her book for \$10.



**Monday 22<sup>nd</sup> August** – Years 2 – 6 have a visit from illustrator Liz Anelli – Cost \$3.50 per student.

**Tuesday 23<sup>rd</sup> August** – Book Character Parade 8.45am under the COLA. Book Fair – purchasing books in the school library 8.25am – 3.30pm. Year 6 students "Be the Teacher" in classroom reading lessons

## Debating News

Congratulations to our year 5 Train-on debating team consisting of Ruby P, Amy de M, Ruby C, Amberley M and Romeo A-M. These students participated in 5 debates against local schools and managed to win 3 out of those 5 debates. They had some challenging topics and spoke confidently and with a lovely manner at all of these debates. Well done to these talented debaters and we look forward to finding out if we make it to the semi-finals.



## Public Speaking

Zone results are in, and 2016 has proved to be Newcastle East's most successful year yet in the public speaking arena. In every stage NEPS students achieved prizes. This is an amazing achievement, as from each stage of over twenty speakers, only one winner is selected and up to three highly commended prizes are awarded. Congratulations to all our public speakers. We are very proud of you.



Early Stage 1 – **Heath B H** – Highly Commended

Stage 1 – **Nick E** – Winner

Stage 2 – **Lola C** – Highly Commended

Stage 3 – **Georgia F** – Winner

Nick and Georgia will need to keep practising their speeches, as they now compete at the regional level on 15<sup>th</sup> September. Good luck.

## New playground games

With the bottom playground being out of action, students are looking for new games to help pass the playground time. Learning Support Teacher, Mrs Matthews, came up with a great activity. What can you do with 100 red buckets? Lots of co-operation was needed for students to build a wall of buckets. Well done everyone.



## The Tell Them From Me student feedback survey

I am delighted that this term, our school, like many other public schools in the state, will participate in a Department of Education initiative: the Tell Them From Me student feedback survey. The survey aims to help improve student learning outcomes and measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

You may remember that our students also participated in a Tell Them From Me student survey in Term 2 this year. Asking students to complete the survey twice in one year allows us to identify trends in student responses as well as track engagement and motivation across the school year.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au/information-for-parents>

A consent form and FAQs for parents/carers about the survey is being sent home with students. If you do not want your child or children to participate, please return the form to school by September 23rd 2016. Copies of the form and FAQs are available from the website above.



## The Partners in Learning parent feedback survey

This Term, our school will be participating in the Partners in Learning parent survey, another part of the Tell Them From Me suite of surveys (student and parent surveys) on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

Running this survey will help our school understand parents' and carers' perspectives on their child's experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carer views on the school's support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online at home or on public computers. The survey will typically take 15 minutes or less to complete and is completely confidential. The parent survey will be conducted between 22 August and 21 October. Participating in the survey is entirely voluntary, however, your responses are very much appreciated.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au/information-for-parents>



The Auntie Peach Show is coming to our school on Tuesday 30<sup>th</sup> August 2016. This performance is based around *Roald Dahl's* popular and very funny, twisted fairy tales. It is a multi-award winning show having won the PinS (Performers in Schools) Award for Excellence for 2011, 2012, 2013, 2014 & 2015. Along with the vibrant, story-telling and startling magic tricks, the students will be given many useful, practical tips that will benefit their own future drama performances and classroom presentations. **COST** per student is \$6.

## Canteen Roster Term 3 2016

All our Friday spots for canteen are now filled – great – thanks to all the volunteers.

We still have 2 Mondays where we need volunteers. They are the 15<sup>th</sup> August & 12<sup>th</sup> September. If you can help out, please email us at [nepscanteen@gmail.com](mailto:nepscanteen@gmail.com) or phone Cherry 0409 927006.

At NEPS we really appreciate our volunteers who help out so a big thank you to all who help with the running of our canteen, especially Cherry and Donna who put so much in to making sure that our canteen runs successfully. ☺

Monday Date	Volunteers	Friday Date	Volunteers
15 August	<b>VOLUNTEER NEEDED</b>	19 August	Ingrid Beavis & Mel Cotteril-Pegg
	Pip Strachan	26 August	Sonya Anderson & Heidi Walpole
29 August	Michelle Lott	2 September	Lou Porter & Felicia
5 September	Anne Wiseman	9 September	Michelle Crawford & Brooke Smith
12 September	<b>VOLUNTEER NEEDED</b>	16 September	Robyn Hetherington & Helena Hooi
19 September	Michelle Lott	23 September	Simone Pengally & pending confirmation

Monday	Tuesday	Wednesday	Thursday	Friday
August 15 – <b>Week 5</b> Book Fair – Library	16 Book Fair – Library	17 Book Fair – Library Dance to Be Fit	18	19 Water Safety Talk Touch Football Gala – Mrs Thomas / Mr Daniels
August 22 – <b>Week 6</b> Book Week – all week Book Fair – Library Illustrator Visit- Liz Anelli	23 Book Fair – Library Book Parade – 9.00 - COLA	24 Book Fair – Library Aunty Peach Incursion Dance to Be Fit Jnr Sport @ School	25	26 Snr Sport @ KEP
August 29 – <b>Week 7</b> 3-4 Sydney Excursion payment due - \$250	30	31 Dance to Be Fit Aunty Peach Visit	September 1 Sticky Beak Tour – 2017 Kinder Parents	2
September 5 – <b>Week 8</b> <b>CAPA Camp- All Week</b>	6 Yr6 Science / Engineering Challenge	7 Dance to Be Fit	8 Sticky Beak Tour – 2017 Kinder Parents	9 Dance to Be Fit T-20 Cricket Gala
September 12 – <b>Week 9</b> Dance to be Fit	13 3-4 Sydney Excursion	14 3-4 Sydney Excursion Regional Spelling Bee Final Hamilton South P.S	15 Jump Rope K-2 Gala Day	16 Jump Rope 3-6 Gala Day Gardner memorial – Choir – Mrs Edge
September 19 – <b>Week 10</b> Milo cricket Gala Day - Mrs Thomas / Mr Daniels	20	21 Dance to Be Fit	22P&C Thank You disco Sticky Beak Tour – 2017 Kinder Parents	23



MILO In2Cricket is back!!!!  
Introducing Boys & Girls aged  
5-8 years to cricket.  
Join us at No.1 Sportsground for  
8 weeks of cricket fun,  
Fridays 4:30 - 5:30pm  
Starting Fri 21<sup>st</sup> Oct - Fri 2<sup>nd</sup> Dec 2016



Contact Kylie 0413 590 860 or Tommy 0425 226 010  
for registration details

*All equipment provided plus a bonus player pack for each child.*

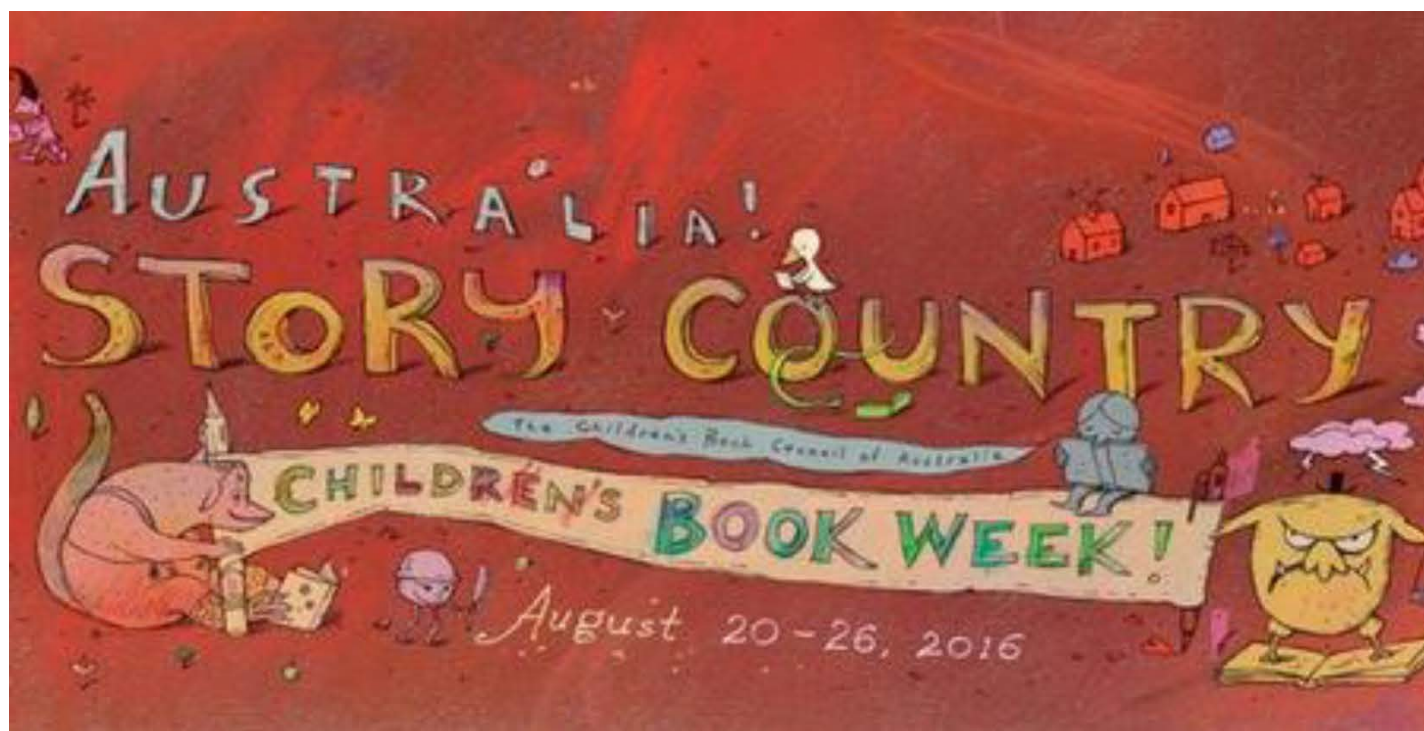


*Once up on a Hill*  
**Production Photos**  
**NOW AVAILABLE**

Visit the school office to get  
your photo number and call us to  
order on **49 654 114**  
or alternatively come to our office at  
**21 Broadmeadow Rd, Broadmeadow**  
to order your prints.

**Newcastle School Portraits**

Capturing your memories for over **25 Years**



## Celebrate Book Week at Newcastle Region Library

### Digital Story Making

Mon 22 Aug at 4.00 PM - 5.30 PM  
Tue 23 Aug at 4.00 PM - 5.30 PM  
Thurs 25 Aug at 4.00 PM - 5.30 PM

Wallsend District Library  
City Library  
New Lambton Library

Create your own picture book using the Storybird app, with local author Katrina McKelvey there to help create amazing stories.  
Suitable for students 8-12 years.

**Free  
events**

### Australia: story country - The Play

Wed 24 Aug at 4.00 PM

Wallsend District Library

Fun for the family! Book Week stories presented using drama, humour and song. Come dressed in your favourite Book Week costume.  
Suitable for children 4-9 years.

For enquiries please call 4974 5300

Bookings essential via Eventbrite  
[www.newcastle.nsw.gov.au/Library/What-s-On](http://www.newcastle.nsw.gov.au/Library/What-s-On)







**Come and Play Cricket with City !!!!**



## **NEWCASTLE CITY JUNIOR CRICKET CLUB**

- ✓ GREAT PRACTICE FACILITIES
- ✓ LEVEL 1 COACHES
- ✓ JUNIOR DEVELOPMENT DAYS WITH OUR GRADE PLAYERS
- ✓ OPPORTUNITIES TO PLAY DIFFERENT CRICKET FORMATS

MILO In2CRICKET – 5 TO 8 YEARS (starts 21 Oct 2016)	FEE: \$90.00
MILO T20 Blast – 7 TO 12 YEARS (starts 10 Oct 2016)	FEE: \$125.00
U11 Modified Cricket (starts 15 Oct 2016)	FEE: \$150.00
U12 Modified Cricket (starts 15 Oct 2016)	FEE: \$170.00
U12 to U18 30 Over cricket (starts 15 Oct 2016)	FEE: \$190.00
U13 Sixers Girls Cricket (starts 14 Oct 2016)	FEE: \$110.00

For a second family member the fee will reduce by \$20 and for a third the fee will reduce by \$80 (Does not apply for MILOIn2Cricket and MILOT20 Blast). There is no further weekly cost to you (Training and Match shirt provided, new match ball every week and umpire fees included). Payment either by Direct Deposit/Cash/Cheque/Online.

### **REGISTRATION DAYS**

Date	Venue	Time
Fridays: 19 <sup>th</sup> and 26 <sup>th</sup> Aug	Kings Street McDonalds	4.30-6.00 pm
Fridays: 2 <sup>nd</sup> Sept	Admin Building, No.1 Sportsground	4.30-6.00 pm

FOR MORE DETAILS CONTACT - Yusuf Badat [badat@inet.net.au](mailto:badat@inet.net.au) or 0400 883 719