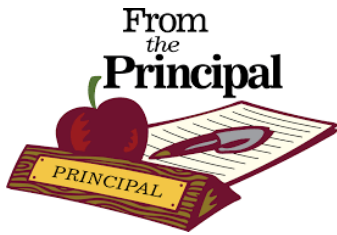


HILLTOP NEWS

Week Nine, Term Four, Tuesday, 5th December 2017 Edition Two Hundred and Thirty Seven.



Starting at a new school

Most people have to start at a new school at least once when

they're young – going from primary to high school. Lots of people change more than once. Maybe it's because their parents moved, maybe they had problems with their old school, or maybe they/their family just decided they needed to change. Either way – at some point you have to go through starting at a new school.

A Rough Ride

It's normal to feel weird and different at a new place, and to miss your old friends. Other things that could bother you are:

- Having to learn a different school layout
- Missing your old friends
- Feeling shy or nervous about talking to new people
- Being drained from adjusting to all this new stuff
- Being bullied by people who want to pick on the new kid. (See '[How to stop a bully](#)' fact sheet for info on stopping bullying).

Making it easier

The first few weeks at your new school are probably going to be bumpy, just because you're new. But there are things you can do:

Do what you like

Whether it's playing music, sports, writing, drawing or anything else, there'll be someone who's into the same things as you.

Talk to people

They're curious about you anyway because you're new, so if there's someone you like, have a chat with them.

Keep in contact with your old friends

Just because you're not seeing them every day doesn't mean you can't stay close.

Find an outlet

If you've got some way of expressing what's happening for you – a journal, writing songs, playing sports or talking to someone – it'll make the move easier.

Be patient

It can be pretty annoying to have to learn all of the people, places, teachers and subjects again from scratch. But things will fall into place for you at your new school if you give them time.

Find an ally

If all of the changes are getting to you, find someone to tell about it. This person could be a friend from your old school, a family member, a counsellor or a doctor. Chatting with someone who's a bit more distant from your situation can help.

If you would prefer to talk to someone anonymously give Kids Helpline (1800 55 1800) or (Lifeline 13 11 14) a call. They have counsellors available 24 hours a day.

Mick McCann

michael.mccann@det.nsw.edu.au

NEPS School Council Parent Survey

We know what you're saying, 'Not another survey!'

But this one is your big chance to have a say on NEPS specific issues and provide feedback and ideas for the future. The School Council conducts a Parent Survey every year, which also allows us to compare responses from past years. Please take the time to click on or paste the link and complete the survey. We just need one survey per family.

We will also have computers set up at the library on the evening of the Disco on 7 December for parents to do the survey then.

Follow the link:

<https://www.surveymonkey.com/r/9R9KFDB>

Thank you for taking time to do the survey and we look forward to the responses.

Brown Street Council Works

The project has been delayed due to unforeseen circumstances. The new footpath is expected to be poured by the end of November 2017, weather permitting. Landscaping will start in early December, the road and path should be open before Christmas and the new steel stairs are expected to be installed in January 2018.

This project page on our website has been updated:

<http://www.newcastle.nsw.gov.au/Council/News/Projects-Works/Brown-Street,-The-Hill,-Retaining-Wall-Remediation>

Building Information booths/Update

Information booths are scheduled to encourage ongoing school and community engagement and feedback. To find out more about the upgrade, please visit the information booths at either of the following locations:

Newcastle East Public School information booths (located at the school entry):

- Monday 11th December 10.30-12.30 (Presentation Day)

The latest information on the new building has been added to the school's website. If you would like a hard copy please contact the school.

End of Year Disco!

Thursday 7th December 5.30-7.30pm with PEP C and DJ Perry. **Christmas Theme.**

5/6D and 1/2V are on the BBQ. We need parents to help for the night to be a success. Please sign up below to volunteer:

www.SignUpGenius.com/go/30E0A4DAEAB29AAF94-bbgroster3

Congratulation Tash

Tash in year six was the winner of Tim Crakentopr's Christmas card design challenge this year. Her design will be printed on Christmas cards which will be sent out to people in the electorate. Well done Tash!



OOSH Charity Drive

The children from OOSH were asked to consider what they could do to make the lives of others better at Christmas.

The decision was made to support a food and gift charity drive for Ronald McDonald House.

We discussed how hard it must be for the children and families at this time of year that are in hospital.

We are asking for your support and help by making a donation to our charity of either small gifts or Christmas food goods.

All donations can be brought into the OOSH centre anytime.

We greatly appreciate your help in teaching the children to care for others in our community

Thankyou OOSH

OOSH

Vacation Care bookings for 18th Dec to 22nd Dec close on the 8th December.

Vacation care bookings for the January period close the 22nd January.

Bookings cannot be cancelled after the 9th December however if I can find a replacement for your booking we will cancel then.

Thanks Tracey

Canteen











Sign up either through the sign-up app on the link below or text Kelly Wyman on 0421 299611.

<http://www.signupgenius.com/go/30e0a4daeab29aaf94-canteen3>











Canteen Roster Term 4

Monday	Friday
4 December Emily Brown (OOSH)	8 December Kellie Bohlson 1 st half Helena Hoi
11 December Tracey Hutchins	15 December Chris Gooch 1 st half Sheridan Rhodes 2 nd half Kelly Wyman/Tracey Hutchins

Monday	Tuesday	Wednesday	Thursday	Friday
4 Week 9 P&C Meeting 5.30pm School Council Meeting 7pm	5	6	7 School Disco	8 Kinder BBQ 5.30pm
11 Week 10 Presentation Day 8.45 for 9am start – COLA Building Information Booth 10.30am	12 Reports home	13 Year 6 Farewell – Souths Leagues	14	15 Year 6 Clap Out Last day of year Summer Holidays

Monday 15 th January	Tuesday 16 th January	Wednesday 17 th January	Thursday 18 th January	Friday 19 th January
Excursion Ice Skating  Closed in Shoes ,Hats and Drinking Water are a Priority Leaving centre at 10.15am	Excursion Sommersby Falls Picnic Area  Swimmers, Rashies, Closed in Shoes ,Hats and Drinking Water are a Priority Leaving centre at 9am	Excursion Stockton Pool Via Ferry  Swimmers, Rashies, Closed in Shoes ,Hats and Drinking Water are a Priority Leaving centre at 9.15am	IncurSION Musical Theatre and Street Dance  Come along and join a crew and maybe learn a song or two Starts at 10am to 12pm	Excursion Newcastle Baths  Swimmers, Rashies, Closed in Shoes ,Hats and Drinking Water are a Priority Leaving centre at 9.30am
Arts and Craft Cooking Ice cream cake Monday 22nd January Excursion Dolphin Cruise  Ultimate Dolphin Experience Closed in Shoes ,Hats and Water are a Priority Leaving centre at 9am	Arts and Craft Painting Landscapes Tuesday 23rd January Excursion Ice Cream Day  Closed in Shoes and Hats are a Priority Leaving centre at 10am	Arts and Craft Boat Building Wednesday 24th January Excursion Oakvale Farm Splash Bay  Closed in Shoes ,Hats and Water are a Priority Leaving centre at 9am	Arts and Craft Make a Marionette Thursday 25th January Excursion Movies  Closed in Shoes and Water are a Priority Leaving centre at 9am	Arts and Craft Floating bath toys Friday 26th January PUBLIC HOLIDAY - CLOSED MONDAY 29TH JANUARY Pupil free day Excursion Ten Pin Bowling  Closed in Shoes and Water are a Priority Leaving centre at 9.15am
Arts and Craft Decorating Calico Bags	Arts and Craft Cooking Lamingtons	Arts and Craft Felt Kangaroos	Arts and Craft Sun Visors	Arts and Craft Chinese Dragons

NEWCASTLE EAST PUBLIC SCHOOL OOSH – VACATION CARE PROGRAM – DECEMBER 2017/ JANUARY 2018 SCHOOL HOLIDAYS

Monday 18 th December	Tuesday 19 th December	Wednesday 20 th December	Thursday 21 st December	Friday 22 nd December
Inursion XMAS PARTY  Come and join the fun Jumping Castles and Water slides, games and surprises Swimmers and Rashies are a MUST	Excursion Speers Point Park  Join us on the giant slide, flying fox or play on all the equipment Closed in Shoes, Hats and Drinking Water are a Priority Leaving centre at 9.15am	Excursion Lambton Pool  Water play and more water play. Try out the slide and giant water bucket Swimmers, Rashies and Drinking Water are a MUST Leaving centre at 9.15am	Excursion Revolution  If you have revolution socks please bring them along with lots of Drinking Water Leaving centre at 9.15am	Excursion Movies  Followed by Xmas Lunch With Bon Bons and Good Cheer Leaving centre at 9am
Arts and Craft Xmas Wind chimes	Arts and Craft Xmas Stockings	Arts and Craft Stained Glass Windows	Arts and Craft Xmas Mugs	Arts and Craft Cooking Rocky Road
Monday 8th January Excursion Newcastle Baths 	Excursion Ninja Park 	Excursion Little pelican Beach 	Excursion Shark and Ray Centre 	Excursion Hogs Breath Café 
Swimmers, Rashies, Closed in Shoes, Hats and Drinking Water are a Priority Leaving centre at 9.30am	Closed in Shoes, Hats and Drinking Water are a Priority Leaving centre at 11.30am	Swimmers, Rashies, Closed in Shoes, Hats and Drinking Water are a Priority Leaving centre at 9.15am	Swimmers, Closed in Shoes ,Hats and Drinking Water are a Priority Leaving centre at 9am	Closed in Shoes and Hats are a Priority Leaving centre at 11.40am
Arts and Craft Candles making	Arts and Craft Cooking Cookies all sorts	Arts and Craft Puppet making	Arts and Craft Foam Stingrays	Arts and Craft Making Side Walk Chalk

BUY DIRECT FROM LOCAL FARMERS
PICKED FRESH FOR YOUR ORDER
EASY TO SHOP ONLINE
NO MORE MIDDLE MEN
TASTES BETTER & LASTS LONGER

15 NOV COLLECTIVE HUB & EVERY WEDNESDAY THEREAFTER
2PM – 4PM – THE EDWARDS 148 PARRY ST
OR CHOOSE OUR DELIVERY OPTION
DON'T MISS OUT ON OUR OPENING SPECIALS
JUMP ONLINE TODAY!

LET'S GET BEHIND OUR LOCAL FARMERS. GET ALL
THE DIRT AND SHOP ONLINE @
www.yourfoodcollective.com





NEWCASTLE

**BUYING DIRECT FROM
LOCAL FARMERS JUST
GOT EASY!**

When we say local we mean local.
Within 200km of your front door!



YOUR
**FOOD
COLLECTIVE**





the **Xmas**
disco
with
Pep-C
& DJ Perry



Thurs 7 December 2017
5.30 - 7.30pm

\$5 Door Entry or \$20 Family Ticket
Theme: 'Christmas' - wear that Santa hat!



THE UNIFORM SHOP

Year 7 2018



It is recommended that all students attending Newcastle High School in year 7 2018, contact the Uniform Shop to make a fitting appointment.

We suggest making your appointment before the end of term 4 to avoid busy january periods.

To make a booking, please phone or text the Uniform Shop on 0434 626 009.

Thank You

Newcastle High School Uniform Shop
P: 0434 626 009
E: newcastlehs@alinta.com.au
Uniform Shop
www.alintaapparel.com.au





surfest
surf
school

SUMMER HOLIDAY
GROM PROGRAM

\$180 for three days a week!

Every Wednesday, Thursday & Friday starting the 3rd of January.

Book online today @ surfestsurfschool.com.au or call 0410 840 155

Availability

Wednesday the **3rd** till Friday the **5th** of January **2018**

Wednesday the **10th** till Friday the **12th** of January **2018**

Wednesday the **17th** till Friday the **19th** of January **2018**

Wednesday the **24th** till Friday the **26th** of January **2018**

Saturday and Sunday program each weekend of the holidays - \$150

This summer holiday's grom program is specially designed to make learning about beach safety and how to surf fun and easy. This program is taught by an ASI accredited surf school and is run throughout the summer school holidays.

The program runs for three days a week starting from the 3rd of January, every Wednesday Thursday and Friday at Nobbys Beach. All kids are provided with the right wetsuit, surfboard, sunblock and placed in the right age group.

Meeting point at the Surfest Surf School bus/trailer at Nobbys Beach.

sanbah



/surfestsurfschool



@surfestsurfschool



Activate your sporty self

WHEN

January 17th—19th 2017

8:30am - 3:00pm

WHERE

The Junction Public School

Union St, Merewether

WHAT

A 3-day summer camp where children play a variety of modified sports with the guidance of expert coaches in a safe, positive and supportive environment

**BOYS AND GIRLS
WELCOME FROM
AGES 6 TO 12**

PRICES

3 days: \$190pp

2 days: \$130pp

1 day: \$70pp

See website for details

EASY ONLINE BOOKINGS

**Just visit our website
activatesportscamps.com
fill out the registration
form, and safely pay
online via PayPal!**

**ONLY 100 spots
available!**

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