

HILLTOP NEWS

Week Four, Term Three, Tuesday, 3 August 2021 - Edition Three Hundred and Sixty-Eight



Last week we celebrated Education Week a little differently. This year's theme was '**Lifelong**

Learners' and celebrates education as a lifelong journey from before a child enters an early childhood setting, progressing to primary and secondary school, and continuing their learning journey into adulthood, learning a trade, entering tertiary education, or the workforce.

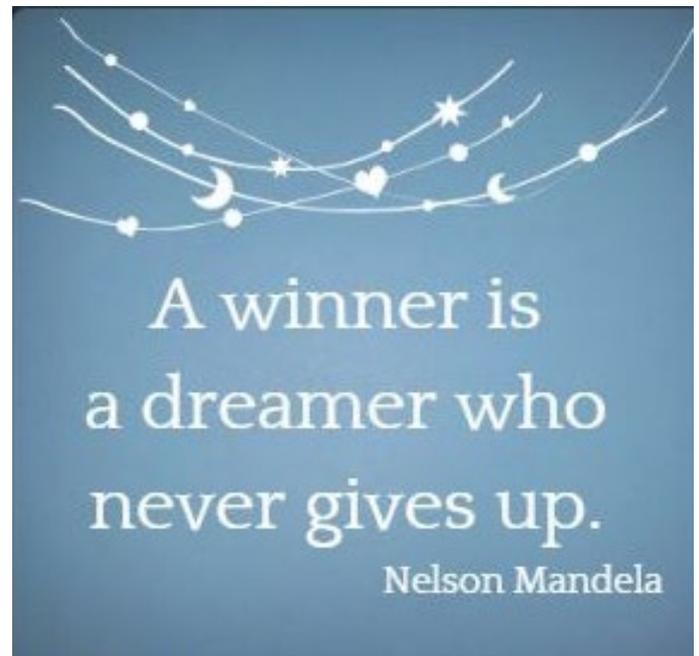
Education is a lifelong journey and all staff at NEPS are promoters of continuous learning throughout life, which is critical to become as a lifelong learner. Education week gave public schools a platform to celebrate and showcase all the unique talents and achievements of students and staff in our school.

I again wanted to thank all our parents who are continuing to support the small changes we all need to make under the current COVID restrictions. Whether that be using the QR code to sign in, maintaining social distancing at pick up time, mask wearing, staying at home not visiting family or providing a meal for someone. All these small things are appreciated and respected by the whole school community.

Mick McCann

michael.mccann@det.nsw.edu.au

Thought for the Week



Awards

KH – Farrah L and Yoni C

K1G – Beckett S-C and Sophie P

1H – Henry M and Saxon W

1/2T – Kirolos H and Mia M

1/2P – Davi B and Tatiana K

2/3R – Harper H and Freya C

3/4KM – Yuxuan S and Monica H

4D – Christian R and Indiana C

4/5C – Chloe S and Aurelia M-D

5/6P – Arnika N and Sarah B

5/6B – Ryan M and Lincoln L

Enrolments at NEPS

We have started accepting enrolments for the 2022 school year. Our kinder staff are in the process of connecting with our local preschools and we will be holding our regular sticky beak tours during term 3 for interested parents.

All parents will need to complete an online enrolment form for the 2022 school year. This information can be found at <https://bit.ly/3exTHkC>

Our school's enrolment policy is located on our school website under parents' information. This policy outlines how NEPS can accept enrolments. The school has recently reviewed enrolment projections for future years. I anticipate that the school will not have spaces available for any non-local enrolments during 2022 and beyond. Unfortunately, this includes non-local siblings. An easy reference guide for families is the DET School finder <https://bit.ly/3bcYXbi>. This tool will enable you to determine what school you are zoned for with your address.

Kinder 2022

We have started our 2022 kinder program by dropping flyers and information off at our local preschools. We are planning on another visit early this term.

Attached to this newsletter is the flyer which will enable you to access the online enrolment form, a data base so we can send you information about the sticky beak tour and other dates and times. Our sticky beak tours are for parents to give you an introduction and a feel for NEPS.

At this stage, we are planning on running 4 sessions on Thursday mornings from mid-August. The groups will be limited to 8 spots and at this stage, just parents.

Please contact the office to book a time. Further information is attached to the newsletter.

P&C Information

There are some changes coming to how the canteen works to make it easier for both parents and volunteers. More details on this will be released in the coming weeks.

The P&C are looking for a parent volunteer to nominate themselves to be the Canteen Organiser until the end of the year. The Organiser would be responsible for training new volunteers, checking stock levels and help the P&C make sure our kids get the best from the canteen.

Canteen currently runs on a Monday, Wednesday and Friday, this role would require you to have some spare time on one or more of those days on a regular basis to check in with the volunteers and ensure that things are running smoothly. This is also a great opportunity to find out just how good Moosies really are...

For all enquiries please email pcneps@gmail.com or contact via our Facebook page

<https://www.facebook.com/nepschool/>

Canteen Volunteer Sign Up

Those parents who are wishing to help out in the canteen will need to use this link to do so. Thank you for the support and patience shown as we re-establish this important part of the NEPS community.

<https://bit.ly/2UsB36D>

Sentral Parent Portal

We are currently transitioning to the Sentral Parent portal for communications, reports, interviews time etc. All families with a registered email address have been sent the link to access the parent's portal. Those parents who have not registered will need to do so before the end of this term

Skoolbag will be turned off on the **16 September 2021**. All notices will go out on Skoolbag and Sentral Parents portal until then.

Uniform Update

If you wish to purchase uniforms please pay online, fill in the order form and email it to the school. I will send the order home with your child.

Uniform shop days have changed to Tuesday mornings from 8.15 to 10.45 instead of all-day Mondays.

If you have any questions you can contact me on 49292911.

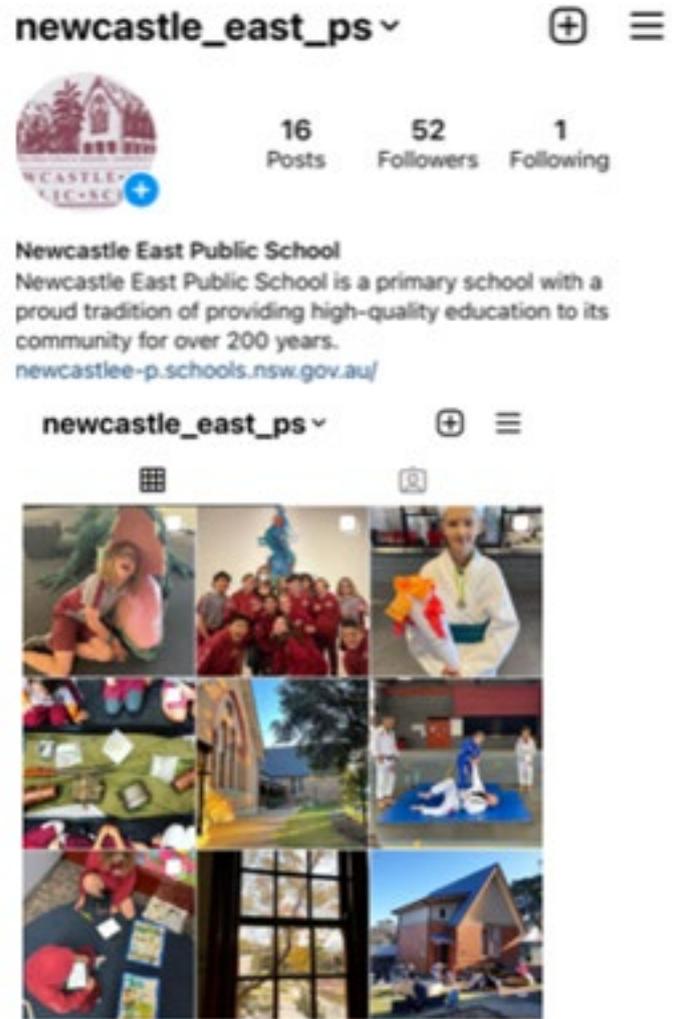
Green and Gold Day

Last Friday N.E.P.S. celebrated Green and Gold Day. Students and staff had fun dressing up in green and gold colours to show support for the Australian athletes competing in the Tokyo Olympic Games. People wore green and gold all around Australia to support our Olympians and celebrate our sporting achievements.



Instagram

Recently, we have started a NEPS Instagram page to share photos of what students get up to at school and include parents and families in the learning journey. Our handle is 'newcastle_east_ps'. Feel free to follow our account and see what is happening at NEPS.



School Specialty Photos

If you would like to order specialty photos for your child please login to Newcastle School Portraits <https://newcastleschoolportraits.com/> and quote our school's unique code:

65250CB

Our specialty photos are: Oosh Captains, House Captains and School Captains.

Proofs of these photos are at school office.

Public Speaking

Congratulations to the following students who have reached the school finals of our Public Speaking Competition. These students will present their speeches to the school next Tuesday, 10th August. Unfortunately, Covid restrictions will not allow us to have parents present to watch the finals, but each speech will be recorded and can be emailed to parents. Judges will select the best two speakers from each stage to progress to the zone level of the competition, which has been postponed until Term 4.

Kindergarten – Leylim K, Sebastian A, Dante H and Beckett SC

Stage 1 – Clara BH, Freya C, Justin D, Ned H, Nathcathra S, Vinnie D

Stage 2 – Alice W, Alex C, Amaya M, Kade K, Rylie C

Stage 3 – Grace B, Heath B H, Kate S, Lexy D, Zoe T

Minecraft: Education Edition Licence

The Department of Education provides schools with access to Minecraft: Education Edition. Minecraft Education Edition is a highly engaging, virtual educational platform that provides an opportunity for students and teachers to collaborate and create in an immersive environment. It also a platform where students can safely demonstrate their learning and competence in a scaffolded, simulated real world experience.

In order to use Minecraft: Education Edition, students need a current licence which is set up by the school. If you would like your child to have access to Minecraft at home or school, please fill out the form on the following link.

<https://forms.office.com/r/WSDZF1Z1cS>



KINDERGARTEN 2022

Newcastle East Public School

Enrolment information and plan to visit our school
before your child starts in 2022.

GENERAL INFORMATION

The online enrolment link



OUR ZONE

Enrollments are open to all students
living in our zone. Use the school finder
website to double-check which school
you are zoned for.



STICKY BEAK TOUR

Parents are invited for a tour of the
school in small groups with the
principal or assistant principal.
Parents will have an opportunity to
see our current kinder rooms and
ask questions about the 2022 school
year. Save the date!

STICKY BEAK TOUR

The date for the tours are:

19 August - 10.00am -10.40am
26 August - 10.00am -10.40am
2 September - 10.00am -10.40am
9 September - 10.00am -10.40am

OUR EOI FORM

Please add your name to our google
form to stay up to date with our 2022
kinder orientation plan. We will use this
list to send invites to the stickybeak
tours and formal kinder orientation
days.



OUR SHARED MAKER'S SPACE



CONTACT DETAILS 4929 2911



Parkrun News

Congratulations to regular NEPS parkrunner, Cecilia, who completed her 50th parkrun last Saturday, with son Teo cheering her on.

This coming Saturday is the first of the month, so I encourage all NEPS families to come along and join the parkrun fun.

Parkrun is a free, weekly, timed 5km run held at Carrington around Throsby Creek. You don't have to be able to run 5km to join in! Many of our families walk, chat and even bring the dog (on a short leash). It starts at 8am, and we usually meet just before the start for a NEPS photo. The weather is just starting to warm up, so come and start your weekend the right way and meet up with other NEPS families, and sometimes teachers too. If you have any questions, just catch me at the school gate in the afternoon.

More information can also be found at the Newy parkrun Facebook page or website <https://www.parkrun.com.au/newy/>

All runners should register for free (only once) <https://www.parkrun.com.au/register/?section=form> and bring along your barcode for scanning at the end of the run. You will also need to sign with the parkrun QR code for contact tracing purposes. All children under 11 must be accompanied by an adult. I look forward to seeing you there!

Mrs Thompson



TERM 3	Monday	Tuesday	Wednesday	Thursday	Friday
Wk1 12.7.2021 – 16.07.2021	Staff Development Day – No Students				
Wk2 19.07.2021 – 23.07.2021					
Wk3 26.07.2021 – 30.07.2021		P&C / SC Meetings – 5.30pm Library			
Wk4 02.08.2021 – 06.08.2021		Basketball Gala Day			Zone Athletics Carnival
Wk5 09.07.2021 – 13.08.2021	ICAS Writing	ICAS Digital Tech			
Wk6 16.08.2021 – 20.08.2021	ICAS English	Yr6 Taser lessons NHS (TBC)	Science Open Day	Sticky beak Tours No1 (TBC)	St 3 Touch Day (TBC)
Wk7 23.08.2021 – 27.08.2021				Sticky Beak Tour No2 (TBC)	
Wk8 30.08.2021 – 03.09.2021	ICAS Math	P&C / SC meeting – Library – 5.30pm		Sticky Beak Tour No3 (TBC)	
Wk9 06.09.2021 – 10.09.2021	NHS Yr6 Day (TBC)	St2 Sydney trip (TBC)		Sticky Beak Tour No 4(TBC)	
Wk10 13.09.2021 – 17.09.2021					

COME AND JOIN THE FUN



NEPS parkrun

THE FIRST SATURDAY OF EVERY
MONTH

8AM, ARNOLD ST, CARRINGTON

2021 HUNTER Primary

High Potential & Gifted Mini Camps



We are happy to announce that the Hunter GATS Camp is going ahead this year... just in a mini version!

Students in Years 5 and 6 can attend day workshops in their chosen elective led by professional teachers and tutors.

Students attending will need to wear comfortable clothing, bring their own morning tea and lunch, plus a water bottle and a spirit of fun.

Cost: \$50 per student (including a camp beanie)

Venues:

Thursday 19th August - ENGLISH @ Floraville Public School

Tuesday 24th August - SPORTS SCIENCE @ Hunter Sports High

Friday 3rd September - SCIENCE @ Swansea High School

Thursday 9th September - MATHEMATICS @ Blacksmiths Public School

Wednesday 13th October – VISUAL ARTS @ The Junction Public School

Tuesday 26th October - ICT @ Valentine Public School

[Click on this link to Register](#)

Registration closes on Thursday July 22nd 2021

Students can attend more than one day in different electives. Information regarding payment, attendance, times and student requirements will be emailed to parents by Term 3, Week 3 to confirm your child's elective, venue and workshop day.

The Hunter HPGE Committee

For further details please contact Jane Pankhurst at jane.pankhurst@det.nsw.edu.au



NEPS P&C is joining forces with Tulloch Wines and The Beer Drop AU to provide an amazing fundraising opportunity for all our parents and friends of Newcastle East Public School.



Until the end of the year, any online order using **discount code NEPS21** gives 20% of all sales directly to the NEPS P&C 2021 fund raising target, *you even get free delivery!*

- Raise money to transform our school library and special programs room furniture
- Craft beer and local wine delivered direct to your door
- Support your school and local businesses from the comfort of your couch

NEPS21

Pass on the code to all your family and friends, and let us see how much we can raise

TULLOCH
ESTABLISHED 1843



You must use discount code NEPS21 to help our cause & get free delivery



CANTEEN MENU

Newcastle East Public School



Snacks

Seasonal Fruit	\$1.50
Cheese & biscuits	\$0.50
Popcorn	\$1.00
Choc Muffin Low Fat	\$1.50
Sea Salt Chips	\$1.50
Grain Waves	\$1.50
Yoghurt Cup with Fruit	\$1.00

Everyday Hot Lunch

Chicken Fingers	\$0.50
Gluten Free Chicken Nuggets	\$0.50
Garlic Bread Roll	\$1.00
Mini Meat Pie	\$1.50
Sausage Roll	\$2.50
Spinach & ricotta rolls	\$2.50

Sauce

Tomato	\$0.20
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Sandwiches and Wraps

White bread or a wrap (both have GF option) – indicate on order.

*Ham or Chicken with lettuce, tomato and cheese	\$3.00
extras	\$0.50
carrot, beetroot or cucumber Mayo (optional)	
* Spreads – Vegemite, Strawberry Jam, Honey	\$2.00

Salad Boxes

* <u>Garden Salad Box</u>	\$3.50
- lettuce, carrot, cucumber, cheese, tomato, beetroot Hummus (optional)	
- add ham or chicken.	\$4.00
* <u>Munch Box</u>	\$4.00
- egg, carrot sticks, cucumber sticks, celery sticks, cherry tomatoes, grapes, cheese and flat bread chips	
Hummus (optional)	

Toasties

Cheese and Tomato	\$2.50
Just Cheese	\$2.50
Ham and Cheese	\$2.50
Ham, Cheese and Tomato	\$3.00

Drinks

Plain Milk	\$1.00
Plain Milk with Flavoured Straw	\$1.50
- chocolate, strawberry, banana, choc mint, caramel, marshmallow, cookies and cream	
Juice Bomb	\$2.00
- raspberry, watermelon, coola, orange/passio, grape, lemon/lime, blackcurrant	

Ice Blocks

Frozen Pineapple Rings	\$0.50
Nice 'n' Juicy Quelch Sticks	\$0.50
- lime, orange, raspberry, blackcurrant	\$1.00
Ice Money	
- chocolate, sour blue, watermelon	\$1.00
Snap Sticks	
- Sour or Sweet.	\$1.00
Moosie's	
- Chocolate, Strawberry, Bubble-gum	

Special Menu Days

MONDAY	\$3.00
Chicken Fried Rice (GF)	\$2.50
Vegetarian Fried Rice (GF)	

WEDNESDAY	\$3.00
Butter Chicken with 2 papadums (GF)	

FRIDAY	\$4.00
* <u>Cheeseburger</u>	
- bun, lean beef patty, cheese, tomato sauce. (GF Buns available)	
* <u>Chickenburger</u>	\$4.00
- lettuce, cheese and mayo (GF Buns available)	
* <u>Pizza</u>	\$3.00
- Ham and Pineapple, Margarita, Pepperoni	



We're a Certified Great Choice Healthy School Canteen 2019

Good for Kids good for life

RECIPE FOR A GOOD NIGHT'S SLEEP

Did you know that primary school-aged children need between 9 - 11 hours of sleep every night?¹

Poor sleep quality and insufficient sleep has been associated with a range of physical and mental health problems that can impact on a child's health and development.¹

Here's some sleep tips to help make sure your kids are getting their zzz's...

- Have a consistent sleep schedule and bedtime routine to help your child relax and wind down each night.
- Switch off all screens (TV, tablets, computers, phones) an hour before bed, and no screens in the bedroom!
- Daily exercise and time outdoors promote good sleep. Make sure your child is getting plenty of physical activity throughout the day.



Check out more sleep tips at www.healthdirect.gov.au/sleep-tips-for-children



Health
Hunter New England
Local Health District

HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>



NEPS Uniform Order Form

Student: _____

Class: _____

Email: _____

Parent: _____

Phone: _____

POP Receipt: _____

Description	Size							Total Quantity	Unit Price	Amount
	4	6	8	10	12	14	16			
Skorts									\$20.00	
Unisex Shorts									\$20.00	
Unisex Polo									\$25.00	
Unisex Hoodie									\$50.00	
Unisex Trackpants									\$28.00	
Tunic									\$50.00	
Hat	S-M			L-XL					\$15.00	
Backpack									\$50.00	
Library Bag									\$10.00	
									Inc. GST	



Laugh · Live · Learn
Move · Work · Play

30% off

All Chiropractic services for all NEPS teachers,
parents and students

Code: NEPS30



Book now

T: 02 4926 1101 W: transitionschiropractic.com

35 - 37 King Street Newcastle NSW 2300

Offer vaild until 31 August 2021